



2010 Conference & AGM

September 15-17
London, ON

Preliminary Program

ONTARIO SOCIETY OF NUTRITION MANAGEMENT



Join with fellow members, vendors and industry suppliers for 2 days of educational programming and networking with your peers.

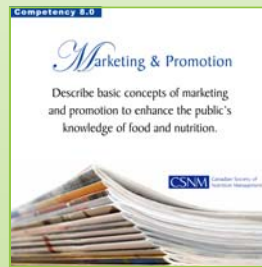
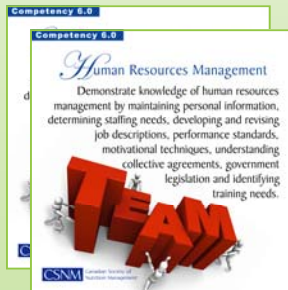
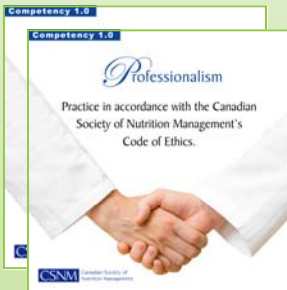
This conference is planned for anyone who works in the foodservice industry - acute care, long-term care, retirement, correctional facilities, college instructors and day care staff.

Members of OSNM and CSNM as well as non-members are invited to attend.

Continuing Education Points

** Earn your CSNM CE points by attending the conference*

All participants will receive (5) five OSNM education points and (5) CSNM CE points upon completion of this event.

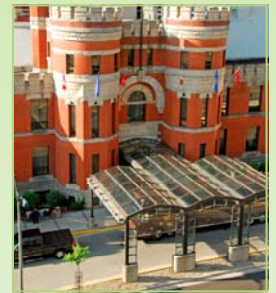


Sponsorship and Trade Show Opportunity *Competency 8*

Once again, OSNM is pleased to offer you the opportunity to participate in our Vendor Showcase on Thursday, September 16 from 11:45 am - 1:45 pm.

Conference Location

The Delta London Armouries Hotel
325 Dundas Street
London, ON
N6B 1T9



Book your room today at OSNM's special rate of **\$99.00** per night (single or double occupancy).



Call toll free 1.800.668.9999 and quote group code **GJNUTTY** or book online at the designated OSNM link - <http://www.deltalondonarmouries.com/gjnutty>



2010 Conference Schedule at-a-Glance

Wednesday Sept 15

3:00 pm - 5:30 pm
5:00 pm - 8:00 pm

Registration
Pre-conference Off-site events
(1) Labatt Breweries of London (Tour and Sampling)
- *(Optional event, extra fee applies)*
(2) Western Fair Raceway and Slots
Hospitality Suite

Thursday Sept 16

7:30 am - 5:30 pm
7:30 am - 8:45 am
9:00 am - 9:15 am
9:15 am - 11:45 am
11:45 am - 2:00 pm
2:00 pm - 4:00 pm
4:00 pm - 4:15 pm
4:15 pm - 5:15 pm
5:30 pm - 6:30 pm
7:00 pm

Registration and Information
Breakfast
Welcome & President's Address
Morning Session: Generations @ Work
Vendor Showcase & Lunch
Afternoon Session: Teaming Across Generations
Networking Break
OSNM Annual General Meeting (AGM)
Appetizers, Open Bar and Entertainment
Gala Dinner & Guest Speaker/Entertainer
- Presentation of New Board and President
- Silent Auction
Hospitality Suite

Friday Sept 17

7:30 am - 12:00 pm
7:30 am - 8:45 am
9:00 am - 10:00 am
10:00 am - 10:15 am
10:15 am - 11:30 am
11:30 am - 12:00 pm
12:00 pm - 1:00 pm

Registration and Information
Breakfast
Morning Session: Power of the Pen
Networking Break
Morning Session: When Generations Collide
Closing Remarks and Draws
Lunch

You've GOT to join us!

at the

*Diamonds & Denim Gala
on Thursday evening*

*Come with your colleagues
and new found friends to
relax and enjoy great food,
wine and superb
entertainment.*

Don't Miss Out on the Fun!!

Diamonds

&

DENIM

GALA

Session Highlights

Competency 1

Morning Session — Susan Ludwig Generations @ Work: Leading Effectively in a Multi-generational Workplace

Thursday, September 16 (9:15-11:45 am)



Statistics confirm that more generations than ever before are currently working side-by-side in the workplace. Teams that can best appreciate the differences and similarities of each other are better positioned to work effectively together. Explore how leaders can manage these multi-generational values, characteristics and expectations to create high performance teams.

Learning Objectives

- Understand the characteristics and values that differentiate the four generations
- Discover the impact of generational differences in the workplace
- Learn ways to successfully manage and engage these distinct generations
- Reflect on our own assumptions and bias that we bring to work and the impact they have on our effectiveness

Competency 1

Morning Session — Elaine Charal Power of the Pen

Friday, September 17 (9:00-10:00 am)



Come prepared to laugh and learn as you discover 'secrets' about yourself through your Handwriting. Anyone attending this session will become a 'wonderfully dangerous weapon', for you will learn how to communicate more effectively with your co-workers, your family members and your friends through knowing what the strokes of handwriting mean!

Gala Dinner Entertainment — Zandra Bell

Thursday, September 16 at 8:30 pm



Zandra Bell, one of the most brilliantly funny humorists on the North American conference circuit, is well known for creating original, intelligent hilarity to inspire and enhance human potential. Each presentation is customized specifically to her clients' industry, profession or theme. You won't want to miss her off beat objective "observations" on the challenges facing today's modern business woman.

Dare to be there!!!!

Competency 6

Afternoon Session — Bob Parker Teaming Across Generations

Thursday, September 16 (2:00-4:00 pm)



Never has there been a greater gap in our work force than between the different traits of generations. From those that need to work in their retirement years to new workers entering the workforce there are 4 distinct generations. From the hard-working veterans and boomers to the optimistic and inclusive Gen "Y"s, working together toward a common goal is increasingly more challenging. How can we overcome these differences and use them to our advantage in order to make our work life easier and more productive? What are the values of this new generation, and how different are they from mine?

You will learn how different generations develop trust and view risk; understand how relationships are made and maintained; and what motivates people to work in a team environment.

Competency 6

Morning Session — Gene Jochen When Generations Collide - Manage and Motivate for Success

Friday, September 17
(10:15-11:30 am)



This seminar is intended for anyone who wants to get an overview of some useful management techniques, as practiced by high achieving managers, where teamwork is vital. This session is focused on your workplace hiring, retention and motivation challenges. Successful management is very much a matter of recognizing that success in any situation is achieved through your greatest resource - your people.

- Improve recruiting success
- Improve retention success
- Improve relationships with your employees
- Improve employee performance by managing and motivating staff in a positive work environment

Sponsored by:

CSNM



Registration Form

Conference Rates: *(includes all scheduled meals, Thursday gala dinner, full admission to sessions)*

	Before July 15, 2010	After July 15, 2010
Member	<input type="radio"/> \$275.00	<input type="radio"/> \$300.00
Non-Member	<input type="radio"/> \$325.00	<input type="radio"/> \$350.00
Student	<input type="radio"/> \$125.00	<input type="radio"/> \$125.00
Thursday Only - Member	<input type="radio"/> \$200.00	<input type="radio"/> \$225.00
Thursday Only - Non-Member	<input type="radio"/> \$250.00	<input type="radio"/> \$275.00
Thursday Only - Student	<input type="radio"/> \$100.00	<input type="radio"/> \$100.00
Friday Only - Member	<input type="radio"/> \$95.00	<input type="radio"/> \$110.00
Friday Only - Non-Member	<input type="radio"/> \$115.00	<input type="radio"/> \$140.00
Friday Only - Student	<input type="radio"/> \$50.00	<input type="radio"/> \$50.00

Optional Activities:

Wednesday Labatt Breweries of London (*Tour and Sampling*) \$10.00

Total:

Name: _____ Membership number: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Telephone: _____ Email: _____

Company: _____ Title: _____

Special Requirement / Dietary Needs: _____



(Dietary needs must be provided to OSNM in advance)

Payment Methods:

Cheque Visa MasterCard

Card #: _____ Expiry Date: ____/____/____

Name on Card: _____ Signature: _____

By my signature, I hereby authorize Ontario Society of Nutrition Management to charge my credit card for a total of \$ _____.

Make cheque payable to OSNM and mail to: OSNM Conference and AGM
300-1370 Don Mills Road, Toronto, Ontario M3B 3N7
or fax it to: 416-441-0591

I hereby agree to have my name and contact information available for the delegates list - Yes No

Photography: Pictures will be taken during the event. Please notify the photographer if you do not wish to be photographed. Pictures taken could be used in future publications of the OSNM newsletter or other publication material.

Please note that registration will not be processed unless accompanied by payment. All rates are in Canadian dollars (CDN). **Cancellation Policy:** Should you be unable to attend, a substitute delegate is welcome to replace you at no extra cost. No refunds will be given. If a cancellation is required, please send a notice in writing to: *office@osnm.org* subject: *Registration*.

Register Today @ www.osnm.org

- tel: 416.847.3353 ▪ toll free: 1.877.847.6766
- email: office@osnm.org ▪ web: www.osnm.org